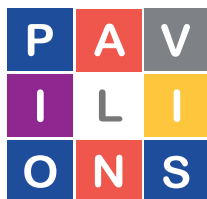


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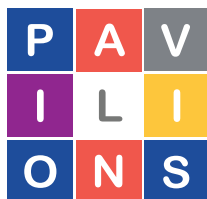
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Psychological Distress can often be linked with Substance misuse.

We recognise that a lot of people accessing our service will be experiencing psychological distress, and that this is often linked with drug and alcohol problems.

We also know that recovery in these domains is interlinked, and that addressing both in a joined up way will provide the best opportunities for people to recover.



Whilst we don't provide specific mental health treatment, our recovery focused interventions aim to benefit overall wellbeing. Where there is a need for further help from elsewhere we liaise, advise and jointly work with other services including mental health teams, social care services, support workers and GPs.

Pavilions employs a number of mental health nurses, and our doctors are psychiatrists. People with a care coordinator in Pavilions can access a mental health review in a number of ways often through one of our mental health nurses or psychiatrists.

At assessment you will have been asked about your mental health and will have seen one of our doctors if necessary.

Your care coordinator or other staff member can discuss your mental health with a nurse or doctor as required, and this can lead to a number of outcomes; this might be a review with a member of the clinical team, a referral to the Wellbeing service (primary care mental health service, working alongside your GP) or a referral to the Assessment and Treatment service (secondary care mental health service) for a joint assessment with one of our nurses and a member of their team.

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