

HOW TO ACCESS

THROUGH OUR DIRECT LGBT PATHWAY

Contact our LGBT Specialist

p: 07884 476634
e: lgbt@pavilions.org.uk

OUR MAIN SERVICE

Richmond House, Richmond Road,
Brighton, BN2 3RL

p: 01273 731900
e: info@pavilions.org.uk

OTHER PAVILIONS SERVICES

OASIS: Women's only service
P: 01273 696970

FACT: For those with a significant other who is
misusing substances
P: 01273 680714

EQUINOX: Outreach to street homeless
P: 020 3668 9270

CASCADE: Creative recovery communities
P: 07477 051354

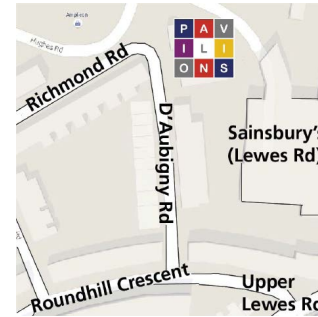
For more info: www.pavilions.org.uk
padlet.com/healthpromotion/lgbt
padlet.com/healthpromotion/chems

WHERE ARE PAVILIONS?

Richmond House,
Richmond Road,
Brighton,
BN2 3RL



p: 01273 731900



Go to our website
Pavilions.org.uk



Follow us on Twitter
[@Pavilions_org](https://twitter.com/Pavilions_org)



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Pavilions Drug and Alcohol Service

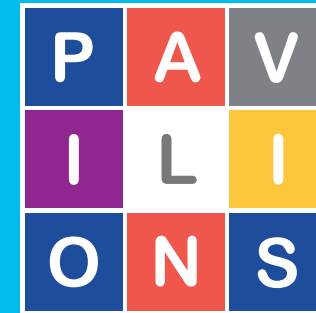


Follow us on Instagram
[@Pavilions.brighton](https://www.instagram.com/Pavilions.brighton)

Informal,
judgment-free chats (one to one)
about all things related to your drug use
and its impact, are available to anyone living
in our city.

Our support is confidential, skilled and
tailored to your needs and goals.

We look forward to welcoming you to our service



cranstoun
PAVILIONS

Drug + Alcohol
Service

Brighton & Hove

18+

LGBT+ Specific

LGBT + DRUG + ALCOHOL SERVICE

ASK YOURSELF...

Partying not as fun as it used to be?

Feeling isolated lonely and withdrawn?

Is your job, home or relationship at risk due to drug use?

Taking sexual risks when high that you regret?

Are you or others concerned about your use?

Is using impacting you financially?

If so, Pavilions LGBT+ service can help.

We provide you with confidential support and information, recommend treatment pathways and tailor your experience to help you achieve your goals around drug / alcohol use.

- We will support, encourage and listen
- Put you at the heart of decisions
- Help identify your options and goals
- Explore and build on your strengths

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PHIL

The LGBT service helped me get into treatment for my alcohol and cocaine addiction, and through my transition from female to male. I have gained enough stability to work full time again, put structure back into my life and repair relationships.

”

C H E M S E X

Chemsex – getting ‘high and horny’ – can be exciting to begin with but can become problematic. You may have put yourself at risks, or lost control as drug use increases, if so then get in touch. This is when Pavilions can help.

We will support you to keep yourself safe on Chems, and explore ways to reduce the range of physical, mental, social or relational harms that you might have experienced.

Whether your goal is abstinence, taking a short break, playing more safely or if you are not sure about what you want to do, come and talk to us.

WHAT WE DO

- Help you look after your health
- Offer you the support of a peer mentor
- Help you explore & identify your triggers.
- Link you to a vibrant recovery community.

CHRISTINE

Pavilions’ LGBT worker helped me realise what things I needed to face and change by myself, put forward support options, and build my self-confidence so I would be able to stand on my own when fully recovered.

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If you would prefer a women-only environment, please contact our Women’s Service.

They work to support women and children affected by substance misuse and empower them to make positive changes.

You can contact them at:
11 Richmond Place, Brighton, BN2 9NA
01273 696970
info@oasisproject.co.uk