

# PARTNERSHIP

## FACT - Family and Carers Team

**p:** 01273 680714

**e:** familyandcarers@pavilions.org.uk

The Family and Carers Team offer support and services to those whose lives are affected by someone else's substance use. FACT offer one-to-one support, educational groups, workshops and relationship counselling.

## OASIS - Womens Only Service

**p:** 01273 696970

**e:** info@brightonoasisproject.org.uk

Oasis is a substance misuse service for women and families. We offer women only groups and interventions as well as a free crèche. We also provide services for children and young people who have been affected by problematic drug or alcohol use in their family.

## EQUINOX - Outreach Service

**p:** 01273 773933

Equinox provides support, care and recovery services to people who have complex needs. Mainly working as an outreach service, Equinox works with the city's street using population. Interventions include facilitating access to treatment and pre and post treatment support.



### RICHMOND HOUSE

Richmond House,  
Richmond Road,  
Brighton, BN2 3RL

**p:** 01273 731900

**e:** info@pavilions.org.uk

### THE DRIVE

9 The Drive,  
Hove, BN3 3JE

**p:** 01273 680714

**e:** info@pavilions.org.uk

### ON OUR WEBSITE:

SELF REFERRALS

PROFESSIONAL REFERRALS

SELF HELP

MORE INFO

[www.pavilions.org.uk](http://www.pavilions.org.uk)

TWITTER - @Pavilions.org

FACEBOOK - @Pavilions.org.uk

To contact our Health  
Promotion team for training,  
education, events or  
resources  
please email:

healthpromotion

@pavilions.org.uk



Pavilions

Brighton+Hove

Drug+Alcohol

Service for 18+

REDUCING YOUR DRINK OR DRUG USE

ADVICE + INFORMATION

1-1 SUPPORT

REHAB + DETOX

GROUPS AND SUPPORT NETWORKS

SUPPORT FOR FAMILY AND CARERS

# FIND US



# ASK YOURSELF

- Are you struggling to cut down?
- Are other people worried about you?
- Is your substance use affecting your relationships?
- Would you like support?

— Our team of recovery workers, nurses and doctors can help you to reach your goals. Whether it be advice and information, safer use or full detox and abstinence our specialists will support you.

— Through either a booked appointment or our drop in service we will offer you an assessment with one of our team to hear about your situation and how we can help you.

## DROP IN SERVICE

10 - 4  
Monday - Friday

## APPOINTMENTS

10 - 1  
Monday - Friday

Our drop-in service is only available from Richmond House, Appointments can alternatively be made for our Hove site at 9 The Drive.

Call: 01273 731900 or email [info@pavilions.org.uk](mailto:info@pavilions.org.uk) to make an appointment.

# WHAT'S NEXT

# FOR YOU

## 1-1 CARE SUPPORT

As well as helping you explore our treatment options in regards to your health, your care coordinator can support you assess your recovery as a whole. This could mean discussing your emotional well-being, your social relationships and training and employment if applicable.

## GROUP WORK + MUTUAL AID

We offer a variety of group work approaches which include structured courses and peer-led drop-ins. Group work has been shown to be very powerful and a very useful tool to achieve long term recovery.