



# East Sussex Family & Carers Team

We offer a range of support services to people who are affected by someone else's substance use and mental health issues.

## Volunteer with us!

If you would like to help us promote and develop the service, offering support groups, drop-ins and peer support for our clients give us a call on:

**07920786352** or  
**07795953951**

Email us at:  
**[esfact@cranstoun.org.uk](mailto:esfact@cranstoun.org.uk)**

Find us at:  
**3VA Meeting Rooms  
8 Saffrons Road  
Eastbourne  
BN21 1DG**