

Party & Play, in a Safe Way



ketamine

Ket, Special K, Katy



We advise you not to use, but if you do:

- Start low, go slow! Use a small amount & wait for at least 1 hour
- If snorting, rinse nose, never share & alternate nostrils
- You may not be able to feel physical pain so take regular breaks
- Using more leads to dissociative effects which can be scary
- Don't do it alone, you might need help if you get in a K-hole



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